

Bon Homie, Ltd. Adult Day Care, 470 North Lewis Road, Limerick PA 19468
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Growth of our program –

I continue to remind myself every time we feel the need to change the program whether it is through activity, construction, staffing, etc. the motivation for this change is to improve the program and the environment for the benefit of our clients. The changes that have taken place in June have been numerous.

The biggest change that has taken place is an addition of a Full Time Nurse to our staff. Cyndi Bickings returns to Bon Homie having been away for a year. She graduated from Immaculata College with a Bachelors in Nursing. She has experience as an Emergency Room Nurse having worked in Reading Hospital as well as Montgomery Hospital. She also worked as a paramedic for many years on various ambulance squads in the area. Cyndi resides in Birdsboro with her husband Chris and three children.

Having Cyndi on staff full time enhances our services in so many ways. Monitoring client's current medical conditions and health status, alerting caregivers of any health concerns and being able to provide services to clients that may require a trained professional to care for them. For example; a client that is an Insulin dependent.

Cyndi will also be able to provide staff with trainings on client health concerns, diets or new diagnosis. She is also available to our caregivers when they call with questions or would like her to look at an area of concern. Having an RN on staff will also offer peace of mind to our caregivers because they will know that there is a trained medical professional on site.

Another change to our center has been a change we all watched throughout the Spring and that is the completion of our Sunroom.

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With the approval from the state we have finally begun using the new area. We will be fencing in the patio area once again and hope to be able to utilize the outside space also. Stop in and see our beautiful room.



BON HOMIE LTD.

**Is celebrating Adult Day Care Week
September 20-26, 2009
"Enriching Lives Through Wellness and
Creativity"**

Every year we have the opportunity to celebrate the services we offer. Adult Day Care has allowed us to assist in caregiving in many situations. Spouses, parents, children, we've been given the opportunity to assist with all types of care. It really is a pleasure for the staff and I to get to know each of our clients and their families and caregivers and to touch their lives and to have our lives touched back. The week that we will be celebrating Adult Day Care Week we will host a picnic luncheon for our caregivers. It will be held on Wednesday September 23. We will send home a flier with additional information about the event.



We will also be having our annual bake off. This is an opportunity for clients and caregivers to show their baking talents. Each person participating in the bake off, brings in their baked good for Friday September 25, 2009. In the afternoon a table or two are set up for all the delicious desserts to be placed on. All of our clients are judges. Each client tastes every dessert submitted for the competition. Once all the desserts are tasted, we vote on which dessert we feel was the best. Once all the votes are tabulated, staff will announce the 1st, 2nd and 3rd place finishers. Prizes are awarded accordingly. This information will be included in a flier that will be sent home.

Why is Adult Day Care so important?

Adult Day Care Services is important because it can:

- Help keep our loved ones at home instead of being placed in institutionalized care.
- Enable caregivers to continue working or meeting other obligations they may have during the day.
- Provide a safe, secure environment for the clients.
- Give caregivers peace of mind that their loved one is being cared for during the day.
- Provide clients with socialization and friendships.
- Stimulate a client's mind and help maintain or can even improve a client's mental and physical health.

Community Outreach –

Adopt A Soldier – Once a month, our clients gather together to evaluate their activity program, menu and discuss any concerns they may have. This gathering is appropriately called: “Client Council.” Meetings are usually held the last Wednesday of the month. Recently, the clients expressed an interest in reaching out to their community through an on-line Adopt-A-US-Soldier program. “JJ” our Activity Director has registered using her name and information and congratulations goes out to:

Ulises Pico
C CO 3/509 IN(ABN)
FOB Boris
APO AE 09311

Email: ulisesiscool@yahoo.com

Home State: Oklahoma
Deployed From: AK
Gender: Male

If you would like to help us by donating items from the list below, please bring them in by August 1, 2009 for our first shipment. During the “collection of donations time,” we will be researching the details of how to send the care package. We will keep you informed of the progress.

(article continued on page 4)

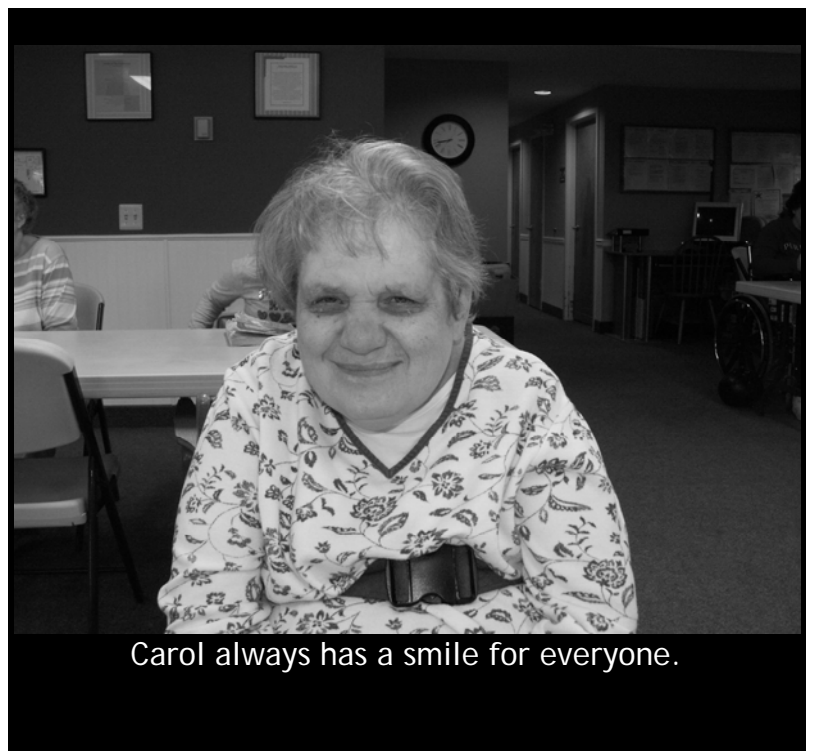
Holiday Closings

*We will be closed on
Friday July 3, 2009
in celebration of Independence Day.*

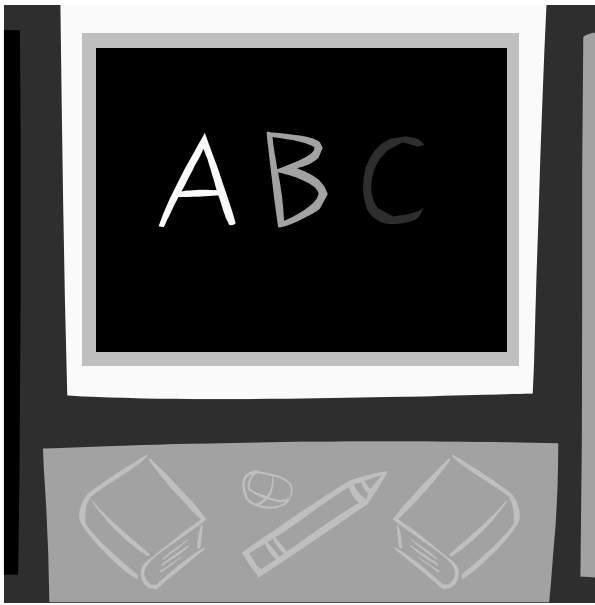
*We will also be closed on Monday
September 7, 2009
in honor of Labor Day.*

Sandpiper Haven Client Spotlight

Carol has been attending our program since February 2009. She lives in Pottstown with three roommates. She enjoyed a hot fudge sundae in celebration of her birthday this month on June 22nd. Her roommates took her out for a birthday dinner. Carol enjoys getting up early in the morning. One of her favorite activities is putting jigsaw puzzles together. She enjoys vacationing at the shore. When she is at the shore she likes to walk the boardwalk, shop and eat out. One of Carol’s favorite foods is pizza, She also likes to listen to music, her favorite type of music is Rock N Roll. When asked what she likes about attending Bon Homie, she mentioned that the large, bright room is really nice. When asked about her favorite activity she quickly mentioned Bingo.



Carol always has a smile for everyone.



Professor Rob –

Rob has expressed an interest in bringing some educational programming to the clients in the Sunflower Meadows program. Rob is interested in finding educational programs that interest him which could focus on health issues as well as other areas of importance to clients his age. He will utilize handouts and props when giving his presentations. He will either attend programs or view them on-line in order to prepare for his presentations. We are all very excited about getting his program started.

Adopt A soldier cont.

The following list includes items that soldiers have requested and/or would greatly appreciate receiving as a care package.

Sweetened Kool-Aid packets
 Lipton Tea Mixes
 Hard Candy
 Dried Fruit
 Pretzels
 Card Games
 Tabloid Newspapers
 Footballs, Nerf balls
 Cough drops, dental floss
 Foot Powder
 Kleenex, Q-tip
 Toothbrushes, toothpaste
 Envelopes, Pens
 Gloves

Country Tyme Lemonade
 Beef Jerky
 Cookies
 Crackers
 Books (new or used)
 Comic Books
 Word Puzzles
 Band-aids, Chapstick
 Disposable razors
 Hair brushes and combs
 Shampoo, Conditioner
 Wet Wipes
 Pencils, Stationary
 Gum

Most importantly: Letters, Letters and More Letters!

HAPPY BIRTHDAY TO YOU!!!!

July –

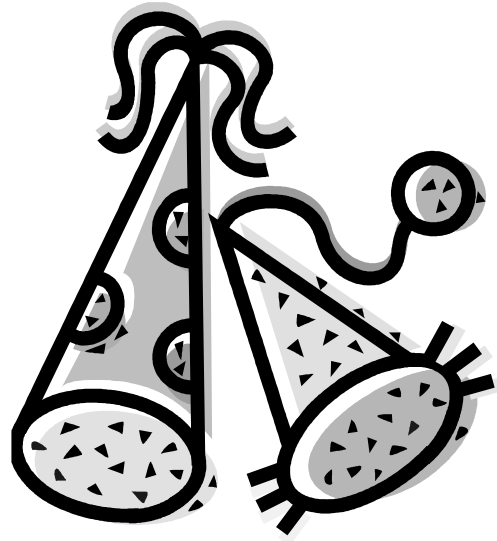
7/2	Willie
7/6	Mary
7/7	Nina
7/9	Huey
7/16	Deb
7/20	Leona

August –

8/4	Nicole
8/12	Alyssa
8/14	Raymond

September –

9/14	Laura
9/28	David



Welcome new clients: We're glad you're here.
Marie, Ruth and Natalie

Supplies Needed:

We will be making "Tin Can Ice Cream: in early July...If you have one or two large coffee cans (with lids) and one or two small coffee cans (with lids) that you can donate, we would appreciate it.

Also, we are looking for "gently used" magazines for our clients to have available for craft projects, as well as for leisure reading.

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Adult Day Care Center**

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We're on the Web!

Visit us at:

Bonhomieadc.com



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