

TOGETHER QUARTERLY

WHERE BETTER DAYS BLOSSOM.

October - December 2009

Bon Homie, Ltd. Adult Day Care, 470 North Lewis Road, Limerick PA 19468
www.bonhomieadc.com bonhomieadc@comcast.net 610-792-8800

Bon Homie, Ltd. receives a generous gift from the Limerick Generating Station Employee Association



The Limerick Generating Station Employee Association has hosted its annual Charity Golf Outing to raise funds for area charities. Bon Homie was fortunate to benefit from their fundraiser this year.

A committee of the Employee Association responsible for the golf outing nominated Bon Homie as one of the charities that would benefit and receive part of the funds raised at this event. Stan Weglos, a client's father who is employed by the Limerick Generating Station brought our program to the attention of the committee. Bon Homie will use this gift to purchase equipment for our clients. Much of the equipment that is available to purchase for individuals that are disabled are quite expensive. Receiving a generous gift like this from the employee association will allow us to purchase those items much sooner than expected.

Some of the items we are looking to purchase are an audio listening center which will allow our staff to conduct reading and music activities as a group. There are six head phones and a multimedia player/recorder that will allow clients to listen to a story, music and educational programs in a small group setting. A computer with adapted equipment including switches as well as switch operated software will give our clients the opportunity to participate in more current activities. For example -mailing friends, looking up topics that they are

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Interested in learning about. Playing computer games, etc. A porch swing along with indoor and outdoor rocking chairs and a raised bed for gardening are also included on our equipment list. The clients enjoy being outside. Having a swing and rocking chairs will enable them to enjoy the nice weather. Gardening using a raised bed will allow most of the clients the opportunity to garden whether they use a walker, wheelchair or are able to stand independently.

Exelon Corporation is one of the nation's largest electric utilities with approximately 5.2 million customers and more than \$15 billion in annual revenues. The company has one of the industry's largest portfolios of electricity generation capacity, with a nationwide reach and strong positions in the Midwest and Mid-Atlantic. Exelon distributes electricity to approximately 5.2 million customers in northern Illinois and Pennsylvania and natural gas to more than 470,000 customers in southeastern Pennsylvania. Exelon is headquartered in Chicago and trades on the NYSE under the ticker EXC.

Thank you to the employee association for nominating us and for being so generous to our program. Thank you to Mr. Weglos for being instrumental in getting Bon Homie involved in this program. We are very excited and appreciative for the gift and what we will be able to do with it.

Thank You

Influenza and staying healthy throughout the winter.

Take everyday preventive actions.

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.*
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)
- While sick, limit contact with others as much as possible to keep from infecting them.
- Follow public health advice regarding school closures, avoiding crowds and other measures to keep our distance from each other to lessen the spread of flu.

We ask that you follow our sick policy when you become ill. If you do not have a copy of our sick policy we would be more than happy to send home another copy on request.



Over the last few months we have been collecting items to mail to our Adopted Soldier. Listed below is the soldier that we adopted.

Ulises Pico
C CO 3/509 IN(ABN)
FOB Boris
APO AE 09311

Email: ulisesiscool@yahoo.com

Home State: Oklahoma
Deployed From: AK
Gender: Male

We are getting ready to send out our first shipment to him. We would like to thank all of you for the donations you all have made. We will continue to collect throughout the year. If you would like to continue to help us by donating items look for the collection box in the entry way of the center and place your items in the box. We will keep you informed of how our soldier is doing from any correspondence we receive.

Holiday Schedule

Thanksgiving - We will be closed on Thursday November 26, 2009.

We will be open on Friday November 27, 2009 at normal operating hours.

Christmas Eve - We will close at 1 PM on Thursday December 24, 2009.

Luncheon today at 11:30 AM.

Christmas Day - We will be closed for the holiday.

New Years Eve - We will close at 3 PM on Thursday December 31, 2009

New Years Day - We will be closed for the holiday.





Staff pictured are: Linda as the MC, Ruby and Angel as Diana Ross, JJ, Keli and Kathy as the Supremes.

Bon Homie staff has talent!

We celebrate birthdays monthly at the center and each month we try to plan something special for the clients. Last month the staff really out did themselves. They dressed up in wigs, heels, and outfits that represented many of the famous artist of our past. Sonny and Cher, Elvis, the Supremes and the Village People were all represented during the show. The clients loved it as the staff got up and sang the familiar songs of these artist that we all know. Many clients were singing along, laughing, clapping and having a great time. They want to know when staff will be singing again?

Client Spotlight

David is a very friendly and social person. He enjoys talking to others and sharing stories about his weekend or plans for the evening. David lives in Pottstown with three roommates. He loves to eat hoagies and enjoys a good party. He participates in bingo and likes to help call the numbers at Bon Homie. Target shooting and races are a few other of his favorite activities.



David celebrated his birthday on September 28th.

Trick or Treat



We are having a Halloween Party.

- Friday October 30, 2009
- It is a Costume Party so come dressed or bring it with you and we will help you change into costume in the afternoon.

Prizes will be awarded for

Bon Homie Celebrates Adult Day Services Week

Bon Homie Celebrated Adult Day Services Week from September 21 thru 25. With the help of the clients, caregivers and our staff it was a great success. On Tuesday and Wednesday we hosted an afternoon tea and picnic. Some of our family members were able to join us. We all had an enjoyable time. The clients that had family members attend these activities were thrilled to have them join us.

Every year we have an Annual Bake Off. We began hosting it last year during Adult Day Services Week and this year we held it on Friday afternoon. Many of the caregivers, clients and staff participated. Rice Pudding, Chocolate cake and cupcakes, brownies, peanut butter cookies, sponge cake, lemon bars, strawberry shortcake, peanut butter cup cookies, shoe fly pie to name a few were all items sent in. Clients got the opportunity to taste all the desserts sent in. Then they all voted on the dessert they liked the most. I would like to thank all the clients and caregivers who took the time to bake for this event and help to make it such a tasty success.

Winners of the Bake Off Contest were...



Cheese Pie baked by Donna D. - Chrissy's mom

Red velvet Cake made by Al C. and Staff

Strawberry Shortcake baked by Dot C.

Rice Pudding baked by Theresa M - Sharon's mom

And an old favorite were the selection of brownies.

I would also like to take this time to thank our staff for helping to make each of the events we've hosted successful. Without them arranging rooms, helping to seat clients and guests, serving and cleaning up we could not host these events. Thank you for a job well done.

HAPPY BIRTHDAY TO YOU!!!!

October

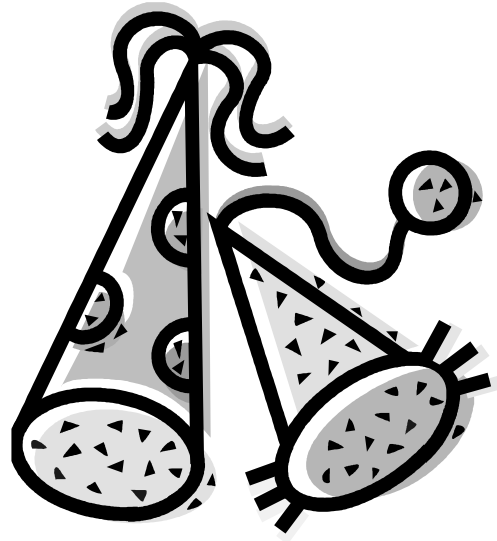
10/6 – Jenna B.
10/13 – Pat K.
10/25 – Helen G.

November

11/2 – Chris F.
11/10 – Sharon M.
11/19 – Marie B.

December

12/12 – Tina B.
12/16 – Kristin Y.
12/17 – Regina R.
12/19 – Mary R.
12/22 Mary D.
12/29 Clarence K.



Welcome new clients: We're glad you're here.
Alberta, Margaret, Donna and Dick.

Lost and Found:

Winter weight red coat.

As we begin wearing coats and sweaters again please label these items with names or initials so that we can make sure we are giving them to the right client at the end of the day. Our staff work different shifts each day. The staff member hanging your coat up in the morning may not be at the center in the afternoon when you leave, so labeling your coat would be beneficial to all of us. Thanks again.

**Bon Homie, Ltd.
Adult Day Care Center**

470 N. Lewis Road

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We're on the Web!

Visit us at:

Bonhomieadc.com



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